



SILVER FISH SUPPLY

#NOTJUSTFISH

01253 343 308

sales@silverfishltd.uk

Product Code	Fresh Fish	Price £
00B150	Bass Flts 100-130g Med. Per Flt Ex 400-600	2.20
00B150A	Whole Bass 400-600 grm Med. x Each	4.40
00B1560C	Whole Sea Bass 600-800g Large x Each	6.80
00B160B	Bass Flts 140-170 Large Per Flt Ex 600-800	3.40
00C120	COD Flt SKIN ON x kg	20.00
00C120B	COD SKINNED & BONED x kg	24.00
00D155	Diced Fish Luxury White Fish/Salmon x 500 grm	6.25
00H035	Haddock Flts Skd 180 grm 6.5 oz x each 35s Sct	3.20
00H045	Haddock Flts Skd 5-6 oz 140-160g x each 45s Sct	2.49
00H120	HADDOCK Flt x kg	20.00
00H120A	HADDOCK Flt Skd/Boned x kg	22.00
00H155	Hake Flt x kg	20.00
00H155A	F/S Hake Fillet Portion Skin On 160-200 grm Pkt	4.25
00H165	Halibut Flt Loin Large (No Bone) x kg	40.00
00M155	Monkfish Tail Skin on Bone in x kg	24.00
00M155B	Monkfish Tail Flt & Skinned x kg	48.00
00P105	Plaice Flt 200-225g x kg	25.00
00S104	Salmon 3-5 kg x kg A	11.50
00S250	Salmon Flt Skb/Bnd x kg	25.00
00S255	SALMON Flt x kg	20.00
00S305	Salmon Ptns Skd 140-160 g 5-6 oz	4.00
00S306A	F/S Salmon Ptns S/On 160-200g 7oz	6.25
00S450	Swordfish Loins x kg	27.50
00S450A	P/Pack Swordfish Loin Steaks 160-200 grm x Each	5.00
00T100	Trout Whole x kg	10.00
00T100A	F/S Trout Whole G & G 400-450 grm 1 Fish Each	4.50
00T105	***Trout Flt (Butterfly) 230-280g x kg	18.00
00T106	Trout Flt (Singles) 125-150 grm x kg	18.50
00T130	Sea Trout Farmed Fillets Skin On 1-1.1 kg x kg	25.00
00T130B	F/S Sea Trout Fillets Skin On 170-200g x 1 ptn	5.50
00T250	Tuna Loin x kg	27.50

Product Code	Fresh Shellfish	Price £
01M450	Mussels Live Rope Grown x kg	4.50
01O320	Oysters	1.25
01S232	Samphire Grass x kg	15.00
01S255	Shrimps Peeled Brown x 100 grm	6.50
01S320	SCALLOPS King x 1kg	38.00

Product Code	Smoked Fish	Price £
02H105	Smoked Haddock Flt (Natural) x kg	20.00
02H105A	***Haddock Flt Smoked PBO x kg	25.00
02H120	F/S Frozen Haddock Nat Smk Skin On & Bnd 160-200grm x1	5.25
02K100	Kippers Manx Whole x 3kg 9 Pairs approx	33.00
02K105	Kippers Manx Vac-Pac Whole x kg	12.00
02K120	AR Frozen Kippers Boned V.P. 200-260g 11-15 pkts per3 kg	22.50
02M100A	Fish Shed Mackerel Plain Smkl Vac-Pac x kg	13.50
02M110A	F/S Mackerel Pepp. Smkl Vac-Pac x kg	14.50
02M120	F/S Herb & Garlic Smk Mackerel Nat Vac-Pac x kg	14.50
02S105	Salmon Smk D Cut Sides P/s Fresh	23.50
02S105D	HSS Frozen Salmon Smk Slice Side D/Cut Grts x kg	22.50
02S110	Salmon Smk Trimmed Side x kg Frozen	25.00
02S125	Hot Smk Salmon Sides .9-1.4 kg x kg Frozen	27.50
02S136	Salmon Smk 100g D/cut Fresh	3.40
02S136A	Frozen 100g Salmon Smk D/cut	3.40
02S138	200g Salmon Smk D/cut hss 041224	5.95
02S187	Gravadlax (Salmon) D/cut Sides x kg Frozen	25.00
02T121	Smk Trout Skd 125 grm 2 flts per pack (40)	3.20

Product Code	Marinades	Price £
03R120	Roll Mop Herrings Large Tubs	18.75

Product Code	The Fish Shed Seafood Platter	Price £
09S125A	Seafood Platter For 2 Main 4 Starter Pack Kit	32.50

Product Code	Frozen Fish	Price £
10B150	F/S Bass Flts 100-130g Med. Each SFS Fr	2.20
10B150A	Bass Flts PBO 130-190 grm 5 kg (35-40 Flts) IQF 100-140 Frozen	75.00
10B168	F/S Bass Flts 140-170g Large Each SFS Fr	3.40
10B168A	Bass Flts PBO 180-220 grm 5x1 kg (27-30 Flts) IQF Frozen	82.00
10C056B	FAS 4-6 oz Cod Flt Skd FAS MSC Single	2.65
10C092	FAS 6-8 oz Cod Flt Skd 180-190g FAS MSC	3.95
10C455	853 Cod Loins 853 Skd 160-200 Skd/b x kg (35)	20.00
10C456	851 Cod Loins Skd 1-150 Ung Skd/b x kg	20.00
10C456B	D/S Bulk Cod Loins Skd FAS Skd/b x kg 160-200	20.00
10D148	Diced White Fish xkg	10.00
10D150	Diced Fish Had/Cod/Sal Luxury x 500 grm Frozen	6.25
10D152	F/S Diced Fish Had/Cod/Sa/Smk Haddockl Luxury x 500 grm Froz	7.00
10D160	Diced Pet Food White Fish xkg	10.00
10H115	F/S FAS Haddock 4-6 oz 140-180 grm 1x1 MSC	1.60
10H116	F/S FAS Haddock 6-8 oz 180-200grm x each SFS MSC	2.50
10H250	F/S Hake Flt Portion Skin on Boned 160-200grm x 1 VP	5.25
10P156	Pangasious 125-155g 4.54 kg (20%) F/N (27)	21.00
10S115	Salmon Portions Skd 5-6oz 140g-170 1x10	34.50
10S120	Pan Euro Salmon Fillet Portions 7-8 oz 170-190g x10	36.00
10S137	F/S Salmon Ptns S/On 180-200g x1	6.25
10S450	*Swordfish Loin Steaks 6-8 oz x 10	23.00
10S465	F/S Swordfish Loin 170-200 grm x Each	5.00
10T120	F/S Trout Flt 200-250g 1x2 flts	4.25
10T128	F/S Sea Trout Fillets Skin On 170-200g x 1	5.25
10T230	F/S Tuna Loin 200-230 grm x Each	5.95
10T255	F/S Tuna Loin 170-200 grm x Each	4.85
10T350	***Tuna Loin Steaks 6-8 oz (170-200g) x 10	23.00
10W125	Whitebait Traditional 454 grm (18/20)	3.25

Product Code	Frozen Shellfish	Price £
20C130	Cockles 600-800 10% 1 kg	22.00
20C180	Clams in Shell White 1 kg	2.99
20C200	Frozen Crabs Dressed 6 oz/164g approx x150g (20)	5.25
20C205	Crabmeat 50/50 1x454 gm	7.65
20C207	Seafeast Blue Swimming Crab meat 1x454 gm (10)	13.50
20C270	Coquille St Jacques 10x200 gm G/Free^	38.00
20C272	Coquille St Jacques 2x200 gm	8.80
20C285	Crevettes 30-40 kg 1x1 kg (10) Cooked	12.00
20C300	Crevettes Cooked 30-40 1x2 kg	24.00
20C345	Crayfish Tails IQF 800 gm Nett. 1 kg (10) AR	16.50
20L311	Cooked Lobster 500-5500 gm R/Greenland x kg	30.00
20L322	Rock Lobster Tails 5/6oz x kg Packed in 10lb Raw	65.00
20M127	Mussel Meat Large x 800g. n. 100-200 per kg (10)	6.00
20M140	Mussels Whole Shell 60-80 kg X Large 5 x 1kg	18.00
20M150	Mussels Green Lip 1/2 Shell 30-45 kg .8 kg (12) Talleys	11.25
20P110B	XL R/Greenland 446 Prawns 125-175 lb 2 kg (10% Glaze) Black	33.20
20P110D	XXL R/Greenland 448 Prawns 90/125 2 kg (10%) GOLD	36.00
20P141	Prawns Atlantic 2 kg Bronze/Blue (40% Glaze)	24.00
20P150	Prawns 125-175lb 1x400 gm (24) A.R.	7.95
20P150A	(3 Packs) Prawns 125-175lb 3x400 gm (24) A.R.	22.50
20P184	***Whole King Raw Prawns 2-4 kg S/Water x800g Royal Gold	32.50
20P186	Whole King Raw Prawns 4-6 kg S/Water x800g Royal Gold	30.00
20P195	Wonder 1 kg Whole Prawns Ecudor 20-30 kg 1 kg Raw Far S/W	10.00
20P196	Wonder 2 kg Whole Prawns Ecudor 20-30 kg 2 kg Raw Far S/W	20.00
20P220	13-15 lb Prawns P&D Raw 1 kg (10) (700g Net)	11.50
20P222	16-20 lb Prawns P&D Raw 1 kg (10) (700g Net)	10.00
20P223	***21-25 Prawns P&D Raw 1 kg (10) (700g Net)	9.90
20P225	26-30 lb Prawns P&D Raw 1 kg (10) (700g Net)	8.25
20P226	31-40 lb Prawns P&D Raw 1kg (10) 700g	7.85
20P234	L1 Argentinian Reds Prawns Raw H/Son 10/20 per kg Raw L1 x2 kg (6)	28.50
20P270	IQF6-8-lb Prawns Hd/Shell On Raw 800g (440g Net)(10/12)	10.95
20P320	Filo Pastry Prawns 26-30 500 gm (10) S/Feast	6.75
20P330	Lucky Red Tempura Battered Prawns 500 gm (10)	7.25
20P330A	AR Tempura Battered Prawns 26/30 500 gm	7.25
20P344	Panko Coated Prawns 23-28 per pack 1x500 gm^^	8.50
20S110	Scampi Brd.Q.B. Nat Crumb Whole Tail 454g 20-25 per bag	6.50
20S110D	Whitby Finest Brd. Scampi Nat Crumb Whole Tail 454g 1601	8.70
20S110F	Whitby Scampi Brd Whitby 3 Way Cook 200g (8)	4.70
20S120	Plain Raw Jumbo Scampi (21-30) 295 gm (10)	12.00
20S250	Brown Peeled Shrimps IQF 400g Gross /360g Net (20)	24.00
20S361	Scallops Roe Off Large 10-20 1x1 kg (10) 900g Eastern	32.50
20S365	Scallops Roe On I.O.M. Nett 1kg 20-30 per kg	31.00
20S520	Brown Potted Shrimps 50g	4.50
20S615	AR Seafood Cocktail Luxury (Cooked)	9.00
20S620	Paella Seafood Mix Raw x kg (8) Raw	9.50

20S655	Seafood Stix Mcrae 1 kg (64)	7.35
20S720	Squid Tubes u5 1 kg (10)	6.00
20S730	Stuffed Squid Tubes 10/20 x1 kg (10)	7.95
20S731	Artic Royal Salt & Pepper Pineapple Squid Chunks 1 kg (5)	11.00
20S737	Bait Baby Squid Calafornian 454 grm	4.50

Product Code	Frozen Coated Fish Products	Price £
35C200	Tempura Cod Goujons x 1 kg (5)	14.00
35P220	Breaded Plaice Goujons x454 grm 12-15 (10) Whit	7.50
35S120	Fish Goujons Lightly Battered 1 kg (5) 28-30	9.45

Recommended portion sizes : Starter 85-100 gram / Main course 140-240 gram

Weight conversions : 1lb = 450 gram / 1kg = 2.2lb

All portion sizes are approximate and may vary within a small range

Please be aware all fresh fish and shellfish is subject to availability due to weather conditions and sesonality. We are happy to help advise on alternatives.

If you're wanting something specific please give us a call and we'll source the best fish from the market for you

We stock many more products, including a wide range of frozen foods
We also supply the Fylde Coasts caterers 6 days a week so give us a call if you or a friend are in need of a reliable supplier

For any allergy concerns, please contact us for more information.

Checkout Facebook, Instagram and our website for specials and updates

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